

About the College

- Founded by Guy Bennett (B.Sc. Dip. Kinesiology).
- Providing training in Kinesiology since 2001.
- Registered Training Organisation since 2008.
- The college specialises in Kinesiology, with a commitment to quality and ongoing development.
- Experienced expert trainers.
- Comprehensive detailed training material.
- The blending together of Scientific and Energy Medicine approaches.
- Modern spacious training facilities.
- Central location, convenient free parking, close to public transport.
- Supporting your growth and development toward becoming a successful health practitioner.



Reviews

Since embarking on the College's Diploma Program, I am enjoying how each unit expands on the knowledge base being taught in a progressive way. The learning environment provided at CYR, deepens your experience and understanding of your self-healing capabilities. There is an authenticity to Guy's teachings and a distinguishing quality to his programs that can only be made accessible from his wide-ranging knowledge base and years of experience. **Alexandra**

In the months since I started studying at the College, my personal evolution has been nothing short of extraordinary. Guy is accomplished at imparting his wisdom, skills and techniques to his students in such a way as to ensure we truly "get" it, whilst also preparing us to be highly skilled practitioners in the real world. It was a life-changing decision signing up for the Diploma of Kinesiology with the College and I'm loving every minute of it! **Jane**

My journey with CYR College of Kinesiology has been exactly what I was looking for. I've wanted to study Kinesiology for many years but hadn't found a school worth my time and money. CYR is providing me with a well-structured and supportive environment in which to learn and achieve my Diploma. **Lorien**

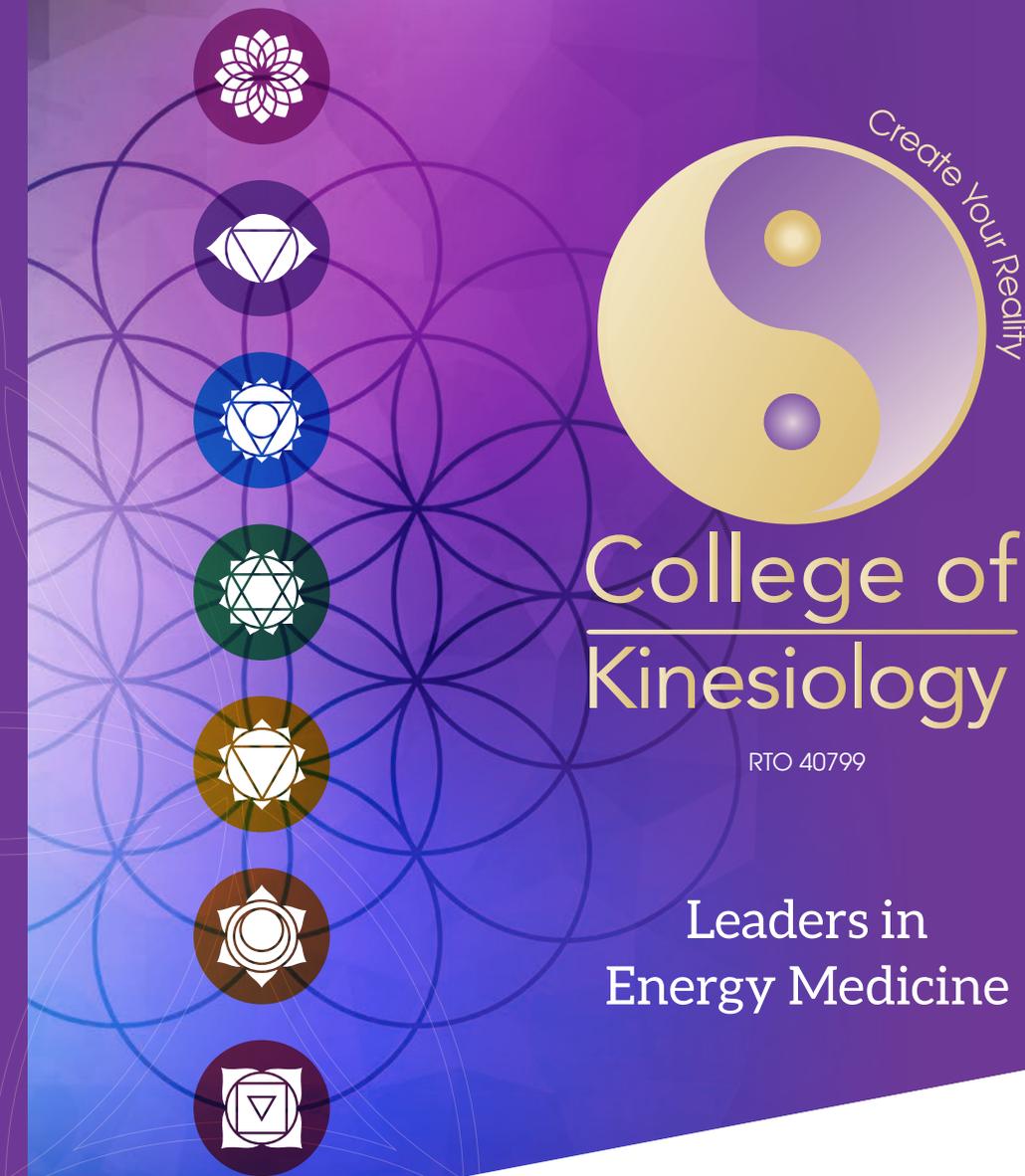
I came into the college because of two previous students who did inspiring and complex Kinesiology balances on me. Guy told me "you can do what they can in 2 years". But I started muscle monitoring from the very first weekend. Every course after that I have been consistently learning extraordinary ancient and modern wisdom on life, the universe, energy medicine and the human body. I am eternally grateful for such an incredible course. **Jennifer**

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www.kinesiologycollege.edu.au



Diploma of Kinesiology HLT52415



A Holistic Approach to Health

Because we as people have many aspects, kinesiology has many aspects also. These different parts of ourselves are affected by each other and cannot be isolated. Our Diploma of Kinesiology will show you how to work with the body in an integrated and holistic way.



Purpose and Values

Kinesiology can support us to remove the programming and conditioning that hides our true values and purpose. Get your life on track by helping others to do the same.

Structure

Become skilled in working with the body's structure.

Our program offers gentle non-invasive techniques which give your clients lasting results with spinal alignment, sports injuries and much more.

Energy and Spirit

Balance the body's energy. Learn how to work with chakras, auric fields and meridians to improve health and wellbeing.

Neurology

The brain and central nervous system is the control centre of the body. Learn revolutionary techniques and approaches to diffuse stress from deep within the brain and consciousness, improving health and performance in all aspects of life.

Physiology

Gain in-depth knowledge into the body and learn how kinesiology can uncover the causes behind disease. You will develop the skills and knowledge to support your clients in regaining their health through kinesiology.

Emotional Balance

Learn to support the resolution of emotional blocks and issues with kinesiology. By using muscle monitoring we can uncover the hidden determinants which impact on our emotional health.

Course Features

- Try before you buy options
 - Road Test Kinesiology Weekend (not accredited)
 - Kinesiology Short Course (not accredited)
- Face to Face training includes;
 - 56 eight hour training days.
 - Up to 160 hours of supervised practice.
 - 50 hours of supervised clinic.
- **You can't learn kinesiology online!** Kinesiology is a hands on modality. In order to be top of your field you require face to face training.
- The course duration is **2 years**.
- The total cost of the course **\$17,960**. No additional hidden costs.
- Affordable payment options.
 - \$440 per month over 41 months*
- Options for part time study.
- Effective concentration of face to face training suitable for distance education.



Payment plan
ONLY \$440
per month*



Core Units

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| CHCCOM006 | Establish and manage client relationships |
| CHCDIV001 | Work with diverse people |
| CHCLEG003 | Manage legal and ethical compliance |
| CHCPRP003 | Reflect on and improve own professional practice |
| HLTAAP003 | Analyse and respond to client health information |
| HLTAID003 | Provide first aid |
| HLTHPS010 | Interpret and use information about nutrition and diet |
| HLTKIN001 | Develop kinesiology practice |
| HLTKIN002 | Conduct indicator muscle monitoring |
| HLTKIN003 | Perform kinesiology assessments |
| HLTKIN004 | Provide kinesiology balances |
| HLTKIN005 | Monitor and evaluate client progress |
| HLTWS004 | Manage work health and safety |

Elective Units

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|-----------|--|
| CHCCCS001 | Address the needs of people with chronic disease |
| CHCMHS001 | Work with people with mental health issues |
| CHCPOL003 | Research and apply evidence to practice |
| BSBSMB403 | Market the small business |
| BSBSMB404 | Undertake small business planning |
| BSBSMB405 | Monitor and manage small business operations |

For more details relating to our Timetables and Courses, please visit our website or give us a call.
1300 855 167 www.kinesiologycollege.edu.au