

THE FUTURE OF HEALING IS HERE

SDH PRACTITIONER
TRAINING - HEAL QUICKLY,
EASILY & PERMANENTLY



inspiritedsolutions.com.au

SDH | Self Directed
Healing



THE POWER OF SELF DIRECTED HEALING



Learn how to help others realise their potential, let go of limitations and heal themselves.

Self Directed Healing Practitioner Training

Self Directed Healing (SDH) is the latest and most effective way to help your clients step into the best version of themselves.

With no hands-on healing or muscle testing required, SDH quickly shifts negative belief systems and uncomfortable emotions on all levels – mental, emotional, and physical. Your clients will learn to feel their emotions, identify where they came from and why, and gain a deepened self-awareness and sense of purpose.

This is the only healing process that empowers your clients with the skills and tools to keep healing themselves after their session with you.

SDH is taking healing to the mainstream. It's logical, easy to practice, and the results are revolutionary.

Inspired's SDH process is powerful. It enables you to rewire the neural pathways and clear all blocked emotion in the body, so that the debilitating life-long locks, blocks and triggers your clients have endured are replaced with new beliefs and feelings that enable an unlimited life.

What is most exciting about SDH is that it's simple and can be learned quickly by anyone. Inspired's 10 step SDH Training Course runs over three days, four times a year.

SELF DIRECTED HEALING TRAINING 10 STEP COURSE



1. Measuring & **Testing Protocols**

Accurately determine the clients emotional state and what elements/issues require the most attention by recording emotional and psychological before and after states.



2. Emotional **Consciousness Training**

Ensure your clients' conscious mind gives permission for their subconscious mind to release the limiting belief systems it holds, so that you can easily complete your healing work.



3. Identify **Belief Systems**

Create a powerful alignment between heart and mind. Learn to accurately and quickly diagnose conscious and unconscious core limiting beliefs, so that you can clients create a profound shift.



4. Inner Child **Healing**

Bring fast and deep childhood emotional healing with SDH Inner Child emotional release techniques. Enable and actualize self love and forgiveness to unlock human potential at the core of the client's awareness.



5. Emotional **Release**

Quickly release old repressed emotion from the subconscious and the physical body. This prepares the client for the healing journey to follow.



6. Empathy & **Clairsentience Training**

This powerful healing process accelerates your ability to release the client from what's holding them back. The results can be seen after only one healing session.



7. Accelerate **Trauma Processing**

Release clients from the emotional pain and belief systems of trauma. Proven to work for sexual, physical, mental and emotional abuse, trauma resulting in mental illness, and the trauma of loss including death.



8. Addiction **Release**

Diagnose, release and, repair the originating cause of addiction easily and quickly so your client can be free from addiction without medical intervention and long lasting physical suffering.



9. Timeline **Emotional Release**

Use timeline therapy with the SDH process so the client can release emotions held in the body and consciousness from past events, as well as the cognitive belief systems which created the event.



10. Quantum **Shift Training**

Guide the client into the states of joy and peace, showing them what is possible emotionally, and enable a dramatic shift in self perception.

SDH PRACTITIONER TRAINING PROGRAM



- Be empowered with the future of healing

- Intensive SDH Practitioner training
- Learn, experience and master all 10 SDH modules in only 3 days
- Interactive classes - master your SDH skills on real people
- All modules fully demonstrated by Founder Claire Besley
- 3 days of transformational self healing
- Ongoing support though the SDH Member only Facebook group
- Receive on the spot feedback and guidance on all modules
- Enjoy an exciting team environment
- Payment plans available - minimum deposit \$700

**EARLY
BIRD
PRICING**

1

JULY MASTERCLASS
3 day live event intensive

19-21 July 2019

INVESTMENT
3 Days **\$2995**

Minimum deposit \$330
\$3440 if purchased after June 10th
Payment plans available

2

AUGUST MASTERCLASS
3 day live event intensive

30 August - 1 September 2019

INVESTMENT
3 Days **\$3140**

Minimum deposit \$550
\$3440 if purchased after June 10th
Payment plans available

3

OCTOBER MASTERCLASS
3 day live event intensive

18-20 October 2019

INVESTMENT
3 Days **\$3440**
(full price)

Minimum deposit \$630
Payment plans available



SDH: BUSINESS BOOSTERS

- 1. SALES ACCELERATOR**
 - 2. BUSINESS BUILDER**
 - 3. DIGITAL PROFILER**
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SALES ACCELERATOR

DEAN KELLY - SALES TRAINER

Dean Kelly is the Deal Mechanic. 25 years sales experience in direct and indirect sales, marketing and sales management. Dean is all about the additional value to be found in your deals. Working globally as a sales trainer for some of the biggest brands, Dean brings his world class skills to small business.

BUSINESS BUILDER

AMANDA WALKER - BUSINESS GROWTH

Amanda Walker is a successful franchise builder as co-founder of Lord of the Fries chain of animal free fast food outlets. Amanda has a passion for mentoring women in business to reach their full potential and offers mentoring and coaching in mindset, purposeful profit, and to grow businesses that bring some good into the world.



DIGITAL PROFILER

ANNE MILES - CERTIFIED PRACTICING MARKETER

Anne Miles is a multi-talented marketer and winner of Westpac's 200 Businesses of Tomorrow. Anne is founder of creative services company Suits&Sneakers offering marketing strategy and creative under the one roof. Anne has a specialty in creative content and media and created a new genre of marketing called "Reputation Marketing".



SDH BUSINESS BOOSTERS



1 BUSINESS ACCELERATOR June 21st 2019

WHY?

- Understand the buying steps
- Understand the 'game of sales'
- Become comfortable with selling
- Increase confidence in pricing
- Handle objections easily

KEY OUTCOMES

- Understand the concept of value
- Learn what do to in sales conversations
- Practice how do sell in a safe environment
- Take home tools and scripts
- How to integrate selling with your business growth and online profiling strategies

INVESTMENT

- 1 day (6 hours) **\$795 + GST**

2 BUSINESS BUILDER July 27th 2019

WHY?

- Create & establish your SDH Practice
- Gain the confidence to get started
- Have the tools and skills to keep the momentum going
- Learn how to network and attract clients
- Integrate SDH into your existing business

KEY OUTCOMES

- Define your purpose & customer
- Create your business model
- Understand your brand
- Create a model to track progress and attract customers

INVESTMENT

- 1 day (6 hours) **\$435 + GST**

3 DIGITAL PROFILER June 18th

WHY?

- Build a personal brand
- Learn how to grow your client base on LinkedIn
- Move LinkedIn from a social tool to a marketing machine

KEY OUTCOMES

- Skills to build your new look SDH digital profile
- Online engagement tactics
- Networking building strategies
- Content strategies to find your voice
- The tools to automate and track your online performance

INVESTMENT

- 1/2 day (3 hours) **\$275 + GST**



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