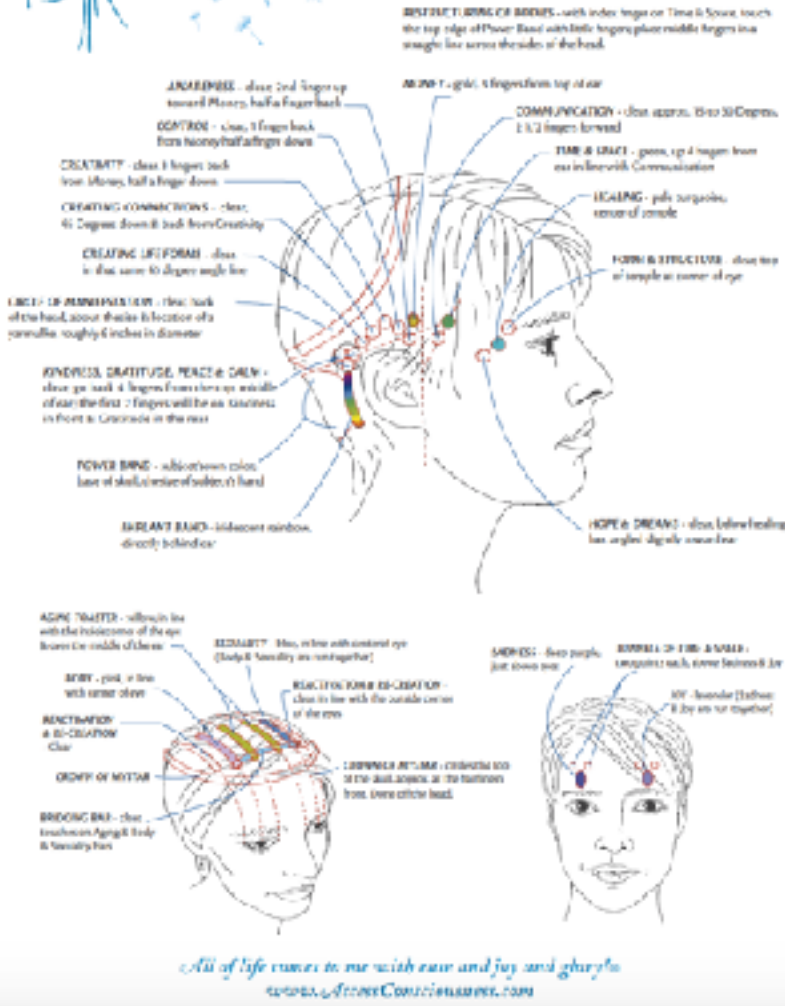




ACCESS CONSCIOUSNESS®
Empowering people to know that they know



Did you know there are 32 points on your head, representing different areas of your life and that contain all the thoughts, ideas, beliefs, emotions, and considerations that you have stored in any lifetime?

When these points are gently touched it creates space in those areas and allows you to let go of all limitations and open you up to receiving.

Having your Bars run is an incredibly nurturing and relaxing process – your brain waves slow and your head empties of thoughts, allowing you to gain clarity and

become more energised and focused!

Access Bars® has assisted thousands of people to change many aspects of their body and their life including sleep, health and weight, money, sex and relationships, anxiety, stress and so much more. At worst you will feel like you have just had a phenomenal massage. At best your whole life can change into something greater with total ease.

The first class in Access Consciousness is The Bars®. Learning The Bars® is easy and a is a great adjunct to other healing practices – in fact one of the combination of points is called “Restructuring of Bodies” and it helps hold in place any changes so that you don’t slip back into old patterns and can also be used to hold in place changes made using any other modality.

To find a practitioner, facilitator or class near you go to www.accessconsciousness.com.